

TERANGA SÉNÉGAL

A VIRTUAL ADVENTURE FOR FRENCH STUDENTS





DAY 1: DAKAR

- *Bienvenue au Sénégal, le pays du Teranga!* Upon arrival, read [Senegal's country profile](#) to learn some quick facts about your destination.
- Immerse yourself in Senegal's coastal life, by listening to this [Duolingo Podcast](#), where Khadjou Sambe's shares her passion for surfing and her challenges in pursuing her surfer dream in a male-dominated sport. Enhance your listening skills as you learn about how Khadjou became the first girl in Senegal to rule the waves and the first female professional surfer in Senegal. Find the transcript [here](#) and underline any vocabulary that you might not understand.
- Senegal is known for its rich music history. There are tunes for all tastes! Watch this [interview](#) to learn about one of Senegal's most famous singer, who sang the soundtrack for the movie Black Panther. Listen to modern [Dakar trap by ISS 814](#), some [Senegalese pop with Jeeba](#), or some more traditional songs by [Youssou NDour](#) or [Amira Abed](#).
- In the afternoon, learn about Moussou's story of [The Baobab, the taxi and the genie](#). If you have time, download the DOC with the corresponding exercises by TV5Monde.
- View on Google Earth the [Monument de la Renaissance Africaine](#), standing tall on the westernmost point of Africa. The Monument is a symbol of hope and unity, offering visitors an awe-inspiring view of this colossal masterpiece, celebrating Africa's past, present, and its bright future.



DAY 2: ISLAND OF GORÉE

- Board your ferry taking you to the island of Gorée, a car-free and historic UNESCO World Heritage Site noted for the role it once played in slave trade. Watch this [short BBC video](#) introducing you the island.
- Discover [Bailey's experience](#) as a high school student on her journey to Senegal and gain insights into her recommendations for fellow students preparing for a school trip to this country. Bailey is a high school student from Wisconsin.
- Known for its elegant and colorful fashion, Senegal hosts a yearly Dakar Fashion Week. [Watch](#) some of the stunning creations presented last year on Gorée Island.



DAY 3: ST. LOUIS

- Try out this delicious recipe for the [Thieboudienne dish](#), a traditional meal consisting of fish, rice, and vegetables. If you are vegetarian, try this refreshing [Senegalese mango-avocado salad](#).
- Read this famous [poem](#) called "Cher frère blanc" written by Leopold Senghor, a distinguished Senegalese poet, philosopher, and the first President of Senegal. His poetry and leadership left a lasting impact on both African literature and politics.
- Watch an Afrobeat dance music video made in Senegal by one of the leading dance figures in [Afrodance, badgyalcassie](#).

