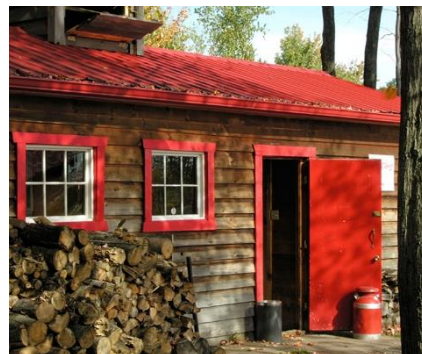


VOYAGE VIRTUEL DANS LA BELLE PROVINCE





DAY 1: MONTRÉAL

- *Bienvenue dans La Belle Province!* Start by testing your general knowledge on the province of Québec with this [quiz!](#)
- Start your day with an exhilarating [drone tour of Montréal](#) followed by a 360° view from the top of the [Place Ville-Marie Observatory](#), one of the highest viewpoints in the city.
- Explore [La Ville Souterraine](#) (Underground City) and the modern art installations scattered throughout the largest underground commercial complex in the world.
- Meanwhile, experience the same longing for the city felt by its citizens, as you listen to **Ariane Moffatt's** "[Je rentre à Montréal.](#)"
- Later, read about the controversial [origin of Poutine](#) and get inspired by **La Banquise** restaurant's [menu](#) or OpenTable's [blog](#) to create your own version of this traditional Québécois dish!
- Tonight, hold on to your seats as you watch the movie "[Les Rois Mongols](#)" and learn about the "La Révolution Tranquille" (Quiet Revolution), a period of intense political and cultural change in the province of Québec.



DAY 2: MONTRÉAL

- Discover how the legendary [St-Viateur bagel](#), in Le Plateau-Mont-Royal borough, became one of Montréal's cultural landmarks.
- Afterwards, enjoy a tour of the city's [mural & street art](#). See why Montréal has become one of the most important urban art centers in Canada, even hosting its own Annual Mural Festival.
- Take a [virtual tour](#) through Montréal's history, starting with the first indigenous settlements at the city's birthplace: **Pointe-à-Callière Museum**.
- Learn about [idiomatic expressions](#) from Québec; choose your favorite and try to find the English equivalent.
- Nod your head to the track "[Nouveaux Riches](#)" by Québécois rapper **Loud**, whose music personifies the bilingualism of the city.
- Lastly, enjoy an evening view of the remarkable [Notre-Dame Basilica](#), a Neo-Gothic jewel in Montréal's religious heritage.



DAY 3: MONTRÉAL | QUÉBEC CITY

- This morning, start with learning about the [history of the Québécois accent](#), in Québécois! Or learn about [anglicisms](#) (English words) that have been incorporated in Québécois French! Do you recognize any?
- If you're not already familiar with Frank & Oak's eco-friendly fashion, read La Presse's [article](#) to learn how an immigrant and introvert became co-founder and CEO of one of Canada's most famous clothing brands!





- Next, test your listening skills by watching this [short video](#) and answering the interactive questions. For a more advanced level, [watch this video](#).
- Later, head to the **Museum of Civilization** for a virtual visit of the exhibit "[C'est notre histoire](#)" where you will journey through the history and impressive culture of Québec's Aboriginal population and get a feel for what it's like to be Aboriginal in the 21st century.
- Discover the sugary secrets of the traditional [Cabane à Sucre](#) (sugar shack) as you learn the process of producing maple syrup, starting from the harvesting of maple water (sap) until the syrup is formed.
- Tonight, listen to the beautiful ballad "[Crier tout bas](#)" by Canadian singer-songwriter and pianist, Béatrice Martin, also known by her stage name, **Coeur de Pirate**.



DAY 4: QUÉBEC CITY

- This morning, adventure through the [Parc de la Chute-Montmorency](#) as you ride the **cable car** up, visit the **Montmorency Manor**, stop at the **Belvédère de la Baronne**, cross the suspension bridge, walk through the orchard, and descend the 487-step staircase.
- Discover the largest growing [online art gallery](#) and exhibiting network in Québec.
- Let the **circus** come to you and watch the full [Féria shows - L'attraction and Crépuscule](#) online. Since the world-renowned Cirque du Soleil was created in 1984, the circus arts have become a fundamental aspect of Québec's contemporary artistic scene and cultural heritage.
- Later, take a [virtual tour](#) of the **Ursulines Order of Nun's Monastery**, the oldest institution of learning for women in North America, which was designated a National Historic Site of Canada in 1972.
- This evening, indulge your senses as you learn how to make one of Québec's typical desserts: [Pouding Chômeur au sirop d'érable](#).
- For your grand finale, listen to the audiobook "[Créatures Fantastiques du Québec](#)" available on Radio-Canada's website or its OHdio app. Discover another side of Québec, a land full of shadow and mystery, through its series of thrilling tales!



Bon voyage et à bientôt!

